

## Family Support Sessions

These are open to any family member or carer. You can come by yourself for a chat, advice and a cuppa or you can bring your children of any age. These sessions will cover all sorts of topics. Keep your eyes peeled for any specific sessions such as Speech and Language or Tacpac. Home Ed families can come together and share resources.

## Roche Indoor Active

Play session for 8 – 11 years. Every 2nd Sunday of the month from 10am

## Dance Sessions

11am-12.30pm is open to the whole family. Come and have a boogie with our dance teacher Becci and other families.

12.45pm-1.45pm Minimix session for children under 11 years that are interested in performing and following a routine.

2pm-4pm PicNMix rehearsal and Leadership award work.

## Family Breakfast

10am-11am before dance session once a month. Come along for a social breakfast!

## Youth Club

Age 11 years+

Bowling in Ozzell Bowl is every 3rd Tuesday of the month 6.30pm

Bowling in Truro Bowl is every 1st Wednesday of the month 6.30pm

Crackington Haven,  
Crackington Institute Village Hall EX23 0JL

Rosemellin Children's Centre,  
Camborne TR14 8QH

Ladock Community Hall,  
Truro TR2 4PG

Lanivet Parish Community Centre,  
PL30 5HG

St Erme Community Centre,  
Castle Field, Trispen, Truro TR4 9BD

Roche Indoor Active, Unit 7 Cornwall Gateway  
Services, St Austell PL26 8UF (Cornwall services)

Ozzell Bowl, Priory Car Park, Priory Road,  
St Austell PL25 5AB

Truro Bowl, 1-2 Oak Way,  
Truro TR1 1DW

Please refer to the colours on the events for a quick visual reference on the type and location of event

Space for you to make note of any added events or sessions:



Charity No. 1123858

# CDSSG 6 MONTH EVENT FLYER 2019 PART 2

Here are some key dates of event and support sessions to put into your new 2019 diaries.

Please look out for more details and fundraising events being held throughout the year on our Facebook pages, website and Bulletin. Booking for events is essential so that we can plan resources and refreshments.



Charity No. 1123858

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## JULY

3rd	Youth Club, Truro Bowl 6.30-8.30pm
4th	Family Support Crackington Haven 11am-1pm
6th	Breakfast and DANCE! St Erme 10am
12th	Family Support, Camborne 10am-12pm
14th	Indoor Active, Roche 10am-12pm
16th	Youth Club, Ozzell Bowl 6.30-8.30pm
25th	Family Support, Lanivet 10am-12pm
27th	DANCE! Ladock 11am - 12:30pm No PicNMix

## AUGUST

1st	Family Support, Crackington Haven 11am-1pm
3rd	Teenage Volunteer Gardening Treliske Sensory Garden 10am-12pm
7th	Youth Club, Truro Bowl 6.30-8.30pm
11th	Indoor Active, Roche 10am-12pm
18th	Summer Day Out – Newquay Zoo
20th	Youth Club, Ozzell Bowl 6.30-8.30pm
22nd	Family Support, Lanivet 10am-12pm

Sat 10th August DANCE! 11am-12:30pm, 1-3 pm PicNMix  
Sat 24th August DANCE! 11am-12:30pm, 1-3 pm PicNMix

## SEPTEMBER

4th	Youth Club Truro Bowl 6.30-8.30pm
5th	Family Support Crackington Haven 11am-1pm
7th	Breakfast and DANCE! St Erme 10am
8th	Indoor Active, Roche 10am-12pm
13th	Family Support, Camborne 10am-12pm
17th	Youth Club, Ozzell Bowl 6.30-8.30pm
21st	DANCE! St Erme 11am - 12:30pm Minimix launches again
26th	Family Support, Lanivet 10am-12pm

## OCTOBER

2nd	Youth Club, Truro Bowl 6.30-8.30pm
3rd	Family Support, Crackington Haven 11am-1pm
5th	Breakfast and DANCE!, St Erme 10am
11th	Family Support, Camborne 10am-12pm
13th	Indoor Active, Roche 10am-12pm
15th	Youth Club, Ozzell Bowl 6.30-8.30pm
19th	DANCE! St Erme 11am
25-27th	CDSSG weekend away Riviera Sands Hayle

## NOVEMBER

2nd	Breakfast and DANCE! St Erme 10am
6th	Youth Club ,Truro Bowl 6.30-8.30pm
7th	Family Support Crackington Haven 11am-1pm
8th	Family Support, Camborne 10am-12pm
10th	Indoor Active, Roche 10am-12pm
16th	DANCE! St Erme 11am
19th	Youth Club, Ozzell Bowl 6.30-8.30pm
22nd	Family Support, Lanivet 10am-12pm
30th	Breakfast and DANCE! Ladock 10am

## DECEMBER

4th	Youth Club, Truro Bowl 6.30-8.30pm
7th	Adult Carer Christmas meal Out (Truro) TBA
8th	CDSSG Family Christmas Party TBA
17th	Youth Club, Ozzell Bowl 6.30-8.30pm

**Do look out for our Sensory garden sessions at Treliske Hospital. We will be holding the Camborne Family support here when weather allows. Check Bulletin and Facebook for up-to date information.**