



CORNWALL DOWN'S SYNDROME SUPPORT GROUP

Useful sites, information etc.

1. Down's Syndrome Association.

There is a new parent pack you can download: <http://www.downs-syndrome.org.uk/download-package/new-parents-pack/>

Membership is free if your child is under 1 year old (£15 pa thereafter). You can join, here:

<http://www.downs-syndrome.org.uk/membership-join-the-dsa/>

2. DLA

<https://www.gov.uk/disability-living-allowance-children>

'Contact a family' can help complete this by calling 0808 8083555 or also Sendiass (see below)

3. Carers allowance

£62.10 per week as long as you don't earn more than £110 per week after tax and child care costs and your child is in receipt of either mid or higher rate care DLA.

<https://www.gov.uk/carers-allowance>

4. Sendiass

For help with completing DLA forms and other advice.

<http://www.cornwallsendiass.org.uk/>

5. Early Years Inclusion service:

[http://www.cornwall.gov.uk/education-and-learning/special-education-needs-disabilities-inclusion-\(sendi\)-services/childrens-psychology-service/early-years-inclusion-service/?page=35077](http://www.cornwall.gov.uk/education-and-learning/special-education-needs-disabilities-inclusion-(sendi)-services/childrens-psychology-service/early-years-inclusion-service/?page=35077)

Portage, CDC etc. Portage will introduce you to the Development Journal, which can also be found here:

http://www.ncb.org.uk/media/884631/early_years_developmental_journal2013.pdf

6. Family Fund

For help funding iPads, holidays, wheelchairs etc.

<http://www.familyfund.org.uk/>

7. Cerebra

Further help with DLA forms etc



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<http://w3.cerebra.org.uk/>

8. Contact A Family

Also assist with DLA forms and information. Call 0808 808 3555

<http://www.cafamily.org.uk/>

9. Makaton

What is it and how will/can it help? Signing and symbols for those with developmental delay and communication challenges.

<http://www.makaton.org/>

10. Symbol UK

What are they and how can they help? Private, specialist Speech and Language.

<http://www.symboluk.co.uk/>

(See tips and things you can start doing now, further down in the document)

Other things of interest.... (by no means exhaustive list!)

- Jolly phonics (available on amazon and also some items on LU Facebook page): <http://jollylearning.co.uk/jolly-shop/jolly-songs/>
- National trust membership: free 'Access for All' for two (un-named) carers. Disabled child goes free under 5. Needs to be renewed annually by calling 01793 817634. (current membership price for two adults is £99, so worth doing!)
- Carer and disabled child under 5 get in free at Eden. Proof may be required, but a letter on hospital paper that shows child's name, age and diagnosis is sufficient.
- You can get in as a carer at 1 to 11 in Helston. Cost £1.
- You can apply for day out tickets, annually, once your child turns two: <https://www.merlinsmagicwand.org/apply-for-a-day-out/who-can-apply.aspx>